

Aspects of Well-Being in Blocks 1-9 of Multi-Block Survey

Block #	Aspect of well-being text	Note
0	How happy you feel	"Kingpin" aspect, included in all blocks
0	How much you enjoy your life	"Kingpin" aspect, included in all blocks
0	How satisfied you are with your life	"Kingpin" aspect, included in all blocks
0	The absence of sadness in your life	"Kingpin" aspect, included in all blocks
0	The extent to which you feel the things you do in your life are worthwhile	"Kingpin" aspect, included in all blocks
0	The happiness of your family	"Kingpin" aspect, included in all blocks
0	You being a good person	"Kingpin" aspect, included in all blocks
0	You being able to support your family financially	"Kingpin" aspect, included in all blocks
0	You feeling that you have enough time for the things that are most important to you	"Kingpin" aspect, included in all blocks
0	You not being lonely	"Kingpin" aspect, included in all blocks
0	You not feeling anxious	"Kingpin" aspect, included in all blocks
0	Your mental health	"Kingpin" aspect, included in all blocks
0	Your physical health	"Kingpin" aspect, included in all blocks
0	Your rating of your life on a ladder where the lowest rung is "worst possible life for you" and the highest rung is "best possible life for you"	"Kingpin" aspect, included in all blocks
0	Your sense of control over your life	"Kingpin" aspect, included in all blocks
0	Your sense of purpose	"Kingpin" aspect, included in all blocks
1	How much you can trust most people in your nation	Baseline aspect, non-Kingpin
1	The ability of ordinary citizens to influence your national government	Baseline aspect, non-Kingpin
1	The absence of anger in your life	Baseline aspect, non-Kingpin
1	The absence of stress in your life	Baseline aspect, non-Kingpin
1	The absence of worry in your life	Baseline aspect, non-Kingpin
1	The air in your area not being polluted	Baseline aspect, non-Kingpin
1	The overall well-being of you and your family	Baseline aspect, non-Kingpin
1	You and your family having enough to eat	Baseline aspect, non-Kingpin
1	You being a winner in life	Baseline aspect, non-Kingpin
1	You having many options and possibilities in your life and the freedom to choose among them	Baseline aspect, non-Kingpin
1	You having people you can turn to in time of need	Baseline aspect, non-Kingpin
1	You not having to worry about being unemployed	Baseline aspect, non-Kingpin
1	Your cultures and traditions being honored	Baseline aspect, non-Kingpin
1	Your home being comfortable	Baseline aspect, non-Kingpin
1	Your knowledge and skills	Baseline aspect, non-Kingpin
1	Your living environment not being spoiled by crime and violence	Baseline aspect, non-Kingpin
1	Your physical safety and security	Baseline aspect, non-Kingpin
2	People doing what you tell them to do	Rationale: r2_MUweights
2	The health of your parents and siblings	Rationale: r2_MUweights
2	The people who have been most important to you in your life still being alive	Rationale: r2_MUweights
2	The quality of your spouse/partner as a mate	Rationale: r2_MUweights
2	You being able to turn your good intentions into actions	Rationale: r2_MUweights
2	You feeling that you have enough money for the things that are most important to you	Rationale: r2_MUweights
2	You having enough financial resources for your retirement years	Rationale: r2_MUweights
2	You having hope	Rationale: r2_MUweights
2	You having people in your life who see the good in you	Rationale: r2_MUweights
2	You not having to worry about where your family's next meal will come from	Rationale: r2_MUweights
2	You taking care of others instead of just yourself	Rationale: r2_MUweights
2	Your ability to take care of your family	Rationale: r2_MUweights
2	Your children being kind and caring about other people	Rationale: r2_MUweights
2	Your children growing up to follow the Golden Rule— treating others as they would like to be treated	Rationale: r2_MUweights
2	Your health	Rationale: r2_MUweights
2	Your life being more than just getting things done	Rationale: r2_MUweights
2	Your spouse/partner taking on their fair share of responsibility for the household	Rationale: r2_MUweights
3	How easy it is for you to get from home to work and back	Rationale: choices
3	How high your income is compared to the income of other people around you	Rationale: choices
3	How much you like your home (house or apartment)	Rationale: choices
3	The pleasure you get from helping people	Rationale: choices
3	The wisdom you have been able to accumulate	Rationale: choices
3	Women being treated fairly in your nation	Rationale: choices
3	You always making time for regular trips or vacations with friends and family	Rationale: choices
3	You being a good friend and doing your duty by your friends	Rationale: choices
3	You doing your duty	Rationale: choices
3	You feeling like you have work-life balance	Rationale: choices
3	You getting enough sleep	Rationale: choices
3	You having a life outside of work	Rationale: choices
3	You having an impact on the world	Rationale: choices
3	You having the courage to talk to people you don't already know	Rationale: choices
3	Your enjoyment of risky situations	Rationale: choices
3	The craftsmanship you experience in the things that you own	Estimation only
3	You feeling stylish	Estimation only
4	The overall quality of your experience at work	Rationale: other
4	The quality of your romantic relationships, marriage, love life or sex life	Rationale: other
4	You having a strong bond with your children	Rationale: other
4	How often the weather is nice outside where you live	Estimation only
4	The leaders of your state government not being corrupt	Estimation only
4	The quality and quantity of green spaces in your area	Estimation only
4	The water in your area not being polluted	Estimation only
4	At work, you getting to use your strengths to do what you do best every day	Rationale: stat_agency
4	How easy it is for you to express who you are through your lifestyle, culture, and beliefs	Rationale: stat_agency
4	How much of the time the things you do seem meaningful	Rationale: stat_agency
4	How much you trust the courts in your nation	Rationale: stat_agency
4	How much you trust the media in your nation	Rationale: stat_agency
4	How much you trust the police in your nation	Rationale: stat_agency
4	How often you smile or laugh	Rationale: stat_agency
4	How satisfied you are with your standard of living compared to the people you spend time with	Rationale: stat_agency
4	You being able to spend a lot of time with your friends	Rationale: stat_agency
4	You being satisfied with your city	Rationale: stat_agency
5	You being satisfied with your job	Rationale: stat_agency
5	You enjoying every day	Rationale: stat_agency
5	You feeling active and productive every day	Rationale: stat_agency
5	You feeling calm and peaceful	Rationale: stat_agency
5	You feeling well-rested	Rationale: stat_agency
5	You getting to use your strengths to do what you do best every day	Rationale: stat_agency
5	You having a leader in your life who makes you enthusiastic about the future	Rationale: stat_agency
5	You having a lot of energy	Rationale: stat_agency
5	You having enough money to buy food that you or your family need	Rationale: stat_agency
5	You having enough money to do everything you want to do	Rationale: stat_agency
5	You having enough money to pay for healthcare and/or medicines that you or your family need	Rationale: stat_agency

Block #	Aspect of well-being text	Note
5	You having someone in your life who always encourages you to be healthy	Rationale: stat_agency
5	You learning or doing something interesting every day	Rationale: stat_agency
5	You liking what you do every day	Rationale: stat_agency
5	You living in a city or area that is perfect for you	Rationale: stat_agency
5	You not being bothered by having little interest or pleasure in doing things	Rationale: stat_agency
5	You not being discriminated against for any reason	Rationale: stat_agency
6	How often you feel good mentally	Estimation only
6	How often you wake up feeling good physically	Estimation only
6	The health of the ecosystems in the world	Estimation only
6	You being able to spend enough time with the ones you love	Estimation only
6	You being content with your life	Estimation only
6	You feeling in control of your own destiny	Estimation only
6	You feeling reasonably happy, all things considered	Estimation only
6	You feeling satisfied about your life as a whole	Estimation only
6	You feeling that your work has value	Estimation only
6	You not feeling downhearted and depressed	Rationale: stat_agency
6	You not feeling tired all the time	Rationale: stat_agency
6	You not having depression	Rationale: stat_agency
6	You not worrying about money	Rationale: stat_agency
6	You reaching most of your goals over the past 12 months	Rationale: stat_agency
6	Your freedom from physical pain	Rationale: stat_agency
6	Your friends and family giving you positive energy every day	Rationale: stat_agency
6	Your relationship with your spouse, partner, or closest friend being stronger than ever	Rationale: stat_agency
7	You feeling the things you do in your life are worthwhile	Estimation only
7	You having enough to eat	Estimation only
7	You having someone you can always turn to	Estimation only
7	You knowing you are a good person	Estimation only
7	You not feeling lonely	Estimation only
7	You not feeling too much anger	Estimation only
7	You not feeling too much sadness	Estimation only
7	You not having to worry about being personally unemployed	Estimation only
7	You understanding your purpose in life	Estimation only
7	Your family having enough to eat	Estimation only
7	Your knowledge, skills, and access to information	Estimation only
7	Your overall well-being	Estimation only
7	Your sense of connection with other people	Estimation only
7	Freedom of the press in your nation	Estimation only
7	How little violence there is in the world	Estimation only
7	The condition of the natural environment	Estimation only
7	You being able to rise to the challenges you face	Estimation only
8	The happiness of you and your family	Rationale: r2_MU2weights
8	The overall well-being of your family	Rationale: r2_MU2weights
8	You getting the health care you need	Rationale: r2_MU2weights
8	You having enough material assets and resources for the future	Rationale: r2_MU2weights
8	Your ability to protect your loved ones	Rationale: r2_MU2weights
8	Your children being able to live happy lives	Rationale: r2_MU2weights
8	Your children's health	Rationale: r2_MU2weights
8	Your family living a wonderful life	Rationale: r2_MU2weights
8	You being able to sleep well at night	Estimation only
8	You not being trapped in physical pain	Estimation only
8	You not being worried about money	Estimation only
8	Your ability to breathe in and out easily	Estimation only
8	Your ability to hear	Estimation only
8	Your ability to remember things	Estimation only
8	Your ability to see	Estimation only
8	Your ability to walk several blocks	Estimation only
8	Your access to information	Estimation only
9	How confident you are about your personal appearance	Estimation only
9	How easy your life is	Estimation only
9	Your financial security	Rationale: r2_MU2weights
9	Your spouse/partner's health	Rationale: r2_MU2weights
9	How much fun you have when you get together with friends	Rationale: r2_noweights
9	You being part of a grand story	Rationale: r2_noweights
9	You feeling generous	Rationale: r2_noweights
9	You finding meaning in the world	Rationale: r2_noweights
9	You having good taste and being up on the latest things	Rationale: r2_noweights
9	You having others remember your accomplishments long after your death	Rationale: r2_noweights
9	You having the frequent opportunity to see things of beauty	Rationale: r2_noweights
9	You not having things stolen from you	Rationale: r2_noweights
9	You showing people the right way to live by your words and actions	Rationale: r2_noweights
9	Your ability to climb a flight of stairs	Rationale: r2_noweights
9	Your freedom from government interference in your dealings with people who are citizens of other countries	Rationale: r2_noweights
9	Your stature in your community	Rationale: r2_noweights
9	Your understanding of the society you live in	Rationale: r2_noweights

Notes:

Rationale abbreviations and descriptions:

r2_MUweights, r2_MU2weights, and r2_noweights: As described in the main paper text: Based on pilot data for 2187 aspects of well-being, we chose the 17 additional aspects for Block 2 with a stepwise procedure; we maximized an R² criterion with marginal utility weights to see which of the other aspects added the most explanatory power to the 33 aspects already in the Block 1 list. We also did the procedure with marginal utility-squared weights and without marginal utility weights; the aspects identified with the alternate procedures which did not already appear in the Multi-Block Survey are included in later Blocks.

choices: As described in the main paper text: Fifteen aspects are included because we hypothesize that they are closely related to choices; we plan to study these in another project studying the multidimensionality of well-being.

stat_agency: As described in the main paper text: Aspects commonly studied in the subjective well-being literature and/or collected by statistical agencies.

other: These aspects correspond to questions about expected future aspect levels, for exploring aspects of well-being over the life cycle.

"Estimation only":

As noted in the main text: We do not report the MUs for some aspects, because they were not studied to determine "what do people want." These excluded aspects are: 2 aspects which had been included as placebos (because they have low MUs); 4 aspects chosen for local public goods to be validated with objective data; 22 aspects to study variant wording of aspects; 13 aspects which correspond to calibration questions; 2 aspects hypothesized to have extreme values on characteristics ratings. In the table above, these aspects are marked as "Estimation only."